

## Specific Practices to Establish, Maintain, and Restore Positive Relationships with Students

EMR Phase	Rationale	Intentional Relationship Practices
<b>Establish</b>	The aim for the <i>establish</i> phase is to engage in intentional practices to cultivate a positive relationship with the students. When a teacher establishes relationships with all students, they feel connected, safe, and respected. When this is in place, students are most likely to learn, engage in desired behaviors, and respond to your attempts to correct their behavior. A teacher cannot maintain a relationship she does not have, so it is essential to first establish relationships with your students.	○
<b>Maintain</b>	The aim for the <i>maintain</i> phase is to sustain the quality of an established positive relationship with students over time by intentionally implementing maintenance practices. Research has shown that the quality of relationship can diminish over time because people take one another for granted (ignore good behavior or miss opportunities to reinforce the person) and may unintentionally become more negative by paying more attention to problem behavior.	○
<b>Restore</b>	The aim for the <i>restore</i> phase is to intentionally repair any harm to the relationship once there has been a negative interaction between the teacher and student. This is important because negative interactions can weaken the relationship and correspondingly cause the student to be less engaged in class, harder to correct their problem behavior, and more challenging to motivate to take on increasingly more difficult academic tasks. As such, teachers must intentionally re-connect with the student to restore the relationship back to its previous positive state.	○

List your class roster and reflect at which phase in the relationship you are with each student. Use the results of this to direct and guide your interactions and intentional relational practices with students.

Student Name	Establishment Phase	Maintaining Phase	Restoring Phase
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